



**DERMASPACE**  
ELECTROTHERAPY SKINCARE

## Post Care Instructions

- No exfoliating or active skincare ingredients for 24-72 hours.
- No exercise for 24-48 hours or until any inflammation has fully calmed down. No super hot showers, hot yoga, saunas, hot tubs etc....
- Your skin may feel like a mild sunburn. You may apply a cool damp washcloth as desired.
- It's normal to expect mild redness, swelling, and a tight, warm sensation for 4-24 hours. Take an anti-histamine if comfortable doing so.
- Mild acne and milia can occur in rare cases. If this is the case, please don't pick as this should go away in a few days. Return to DERMASPACE for our Iderm Facial two weeks post ProCell treatment.

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## Post Care Instructions - continued

- You might feel dry through the first week, this is normal. Mild skin flaking may occur. Moisturize often with a recommended moisturizer. The more you moisturize the better your results will be.
- Beginning the following morning; apply the **MD Cellular Renewal Serum and Healing Accelerator** that will be given to you post treatment to enhance results. Apply daily, morning and evening until trial size runs out.
- Then switch to the **Pro Cellular Renewal Serum and Healing Accelerator** if you choose to purchase and use for the next 6 weeks or until it runs out.
- Return for a follow up treatment in about a month or as recommended.
- If you have any questions or concerns, please call our office: 206-849-6620 or email Jody directly at [jodyleon@dermaspace.com](mailto:jodyleon@dermaspace.com).

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